

KEVIN M. BERNSTEIN, MD, MMS, CAQ-SM, FAAFP COMMANDER, MEDICAL CORPS, US NAVY



Commander Kevin Bernstein is a native of Deer Park, New York. He received his Bachelor of Science in Pre-Medicine from Penn State University in 2005, his Master of Medical Science from Drexel University in 2007 and his Doctor of Medicine from Drexel University College of Medicine in 2011 on a Health Professions Scholarship.

He commissioned to Lieutenant in 2011 and completed Family Medicine residency while serving as Chief Resident at Naval Hospital Pensacola, Florida in 2014. In 2013 Junior Officer of the Year, he authored the overall winning submission for the Department of Defense Patient Safety Award alongside the Directorate for Healthcare Business for improving patient safety within Medical Home Port.

After residency, he reported to Fleet Surgical Team SEVEN forward-deployed 24 months as staff Family Physician on 5 patrols augmenting medical support aboard 3 large deck amphibious platforms (LHA 5, LHD 6, LCC-19) in support of amphibious and expeditionary exercises in 7th Fleet. While deployed, he implemented Human Performance programs across these platforms supported by Commander, Task Force 76.

In 2017, he completed Sports Medicine fellowship at Naval Hospital Camp Pendleton in San Diego, California, a member of the University of California-San Diego and San Diego State Sports Medicine Consortium. He served as a team physician for Carlsbad High School Football and Palomar College.

After fellowship, he reported to Naval Branch Health Clinic, Mayport, FL as Senior Medical Officer and Sports Medicine faculty for Naval Hospital Jacksonville's Family Medicine Residency Program. He then reported to Naval Health Clinic Annapolis, serving as Team Physician for 10 NCAA Division 1 teams including Navy football, Director for Public Health overseeing the public health mission at strategically located bases across 3 states, Chair of the Medical Executive Committee, and Sports Medicine faculty for 5 GME residency programs and USUHS medical students as Assistant Professor of Family Medicine.

He is currently the Director of Sports and Performance Medicine for Naval Special Warfare Group TWO in Virginia Beach, VA. He is Chairman of the Human Performance Sub-Community for Navy Medicine's Neuro-Musculoskeletal Readiness Community and Specialty Leader for Navy Primary Care Sports Medicine, managing a community of 50 sports medicine physicians stationed around the world. He is qualified as a Navy Human Performance Specialist and Surface Warfare Medical Department Officer.

He is Past-President for the Uniformed Services Academy of Family Physicians (USAFP) and previously served on the Board of Directors for the American Academy of Family Physicians (AAFP), representing over 120,000 Family Medicine Physicians and Medical Student Members. He also serves as AAFP Delegate to the American Medical Association (AMA) and Uniformed Services Delegate to the AAFP Congress of Delegates. He previously served as Trustee on USAFP Foundation Board of Trustees, a Foundation he stood up during his term as USAFP President in support of philanthropic and scholarly initiatives for family physicians in uniform.

He is a member of the Alpha Omega Alpha Honor Medical Society. He has presented and published chapters, articles, and research nationally. His military decorations include 2 Meritorious Service Medals, 2 Navy and Marine Corps Commendation Medals, the Navy and Marine Corps Achievement Medal, the Armed Forces Service Medal, the Humanitarian Service Medal, and the Military Outstanding Volunteer Service Medal.